

Bike Touring Itinerary August 2023

Two Nights - Kitsap Memorial State Park to Fay Bainbridge

Day 1 - Monday, July 31 10:00AM - 2:00PM:

Bike Touring 101:

- 10:00 AM** Intros and Ice Breaker
- 10:30 AM** What is Bike Touring?
- 11:00 AM** What kind of bike do you use?
- 11:30 AM** Types of gear used during bike tours.
 - Bike racks
 - Panniers/Bags
 - Tents
 - Camping Stove
 - Cookware
 - Food
- 12:00 PM** Lunch/Break
- 12:30 PM** Fix-A-Flat Demo/Assignment
- 1:00 PM** Clean up workstations
- 1:30 PM** Closing, share a brief about the following day/any questions?
- 2:00 PM** End of first day

Day 2 - Tuesday, August 1 10:00AM - 2:00PM:

Bike Ride to Seward:

- 10:00 AM** Intros (Again) & Ice Breaker
- 10:30 AM** Assign Bikes
- 11:30 AM** Load Bikes with Panniers
- 12:00 PM** ABC check
- 12:30 PM** Lunch Break
- 1:00 PM** Ride to Seward Park
- 1:20 PM** Practice outdoor skills
 - Snack Time
 - Pitching tent
 - Camp stove use
 - Riding different terrain
- 1:45 PM** Ride Back to Bike Works
- 2:00 PM** End of second day

Day 3 - Weds, August 2 - Heading to Kitsap Memorial State Park

- 8:30 AM** Pack Gear onto Bicycles
- 9:00 AM** Check Bikes (ABC) - Make sure bike bags packed properly
- 9:15 AM** Light Snack

- 9:30 AM** Ride from Bike Works To Pier 50 Seattle Ferry Dock [Google Map Route](#)
- 10:20 AM** Arrive at Pier 50 Seattle Ferry Dock
- 10:45 AM** Board the Kingston Fast Ferry (40 min commute)
- 11:30 AM** Snack/Lunch on Ferry
- 12:00 PM** Arrive at Kingston
- 12:15 PM** Ride from Kingston Ferry Terminal to Kitsap Memorial State Park Google
- 1:40 PM** Ride to Kitsap Memorial State Park (10.3 mi) [Google Map Route](#)
- 3:00 PM** Arrive at Kitsap Memorial State Park (sites #28 & #29)
- 3:30 PM** Set up camp
- Pitch tent
 - Sleeping pad
 - Sleeping bag
- 3:30 PM** Camping protocols
- Keeping track of belongings
 - Clean up after yourselves
 - Bring someone with you to go to the restroom
- 4:00 PM** Tour of campground
- Locate restrooms
 - Water faucet
- 5:00 PM** Play some horseshoe? Throw frisbee around? Make some art?
- 6:00 PM** Prep Dinner/Hot chocolate
- 6:30 PM** Dinner time
- 7:00 PM** Clean up
- 7:30 PM** Debrief on the day/Rose, Thorn, Bud
- 8:00 PM** Brief on next day ride
- 8:30 PM** Prep for bed time
- Brush teeth
 - Wash up (Showers available)
 - Change
- 9:00 PM** Bed time

Day 4 - Thursday, August 3 - Depart from Kitsap to Fay Bainbridge Campground

- 9:00 AM** Wake up & Break Camp
- 9:30 AM** Light snack/breakfast
- 10:00 AM** Refill Waters
- 10:30 AM** Load Bikes
- 11:00 AM** Ride out to <https://westsoundwildlife.org/> (12mi 1hr 8min)
- 12:00 PM** Snack/Lunch
- 12:30 PM** Tour of West Sound Wildlife
- 1:30 PM** Ride to Fay Bainbridge Park Campground
- 2:00 PM** Arrive at Fay Campground (Sites #37 & #38)
- 2:30 PM** Set up camp
- 3:00 PM** Locate restrooms & water on campground
- 3:30 PM** Camping protocols

- Keep track of own belongings
 - Clean up after yourself
 - Keep campground clean
 - No food left outside overnight due to wildlife
- 4:00 PM** Check out the Beach
- Frisbee toss, skip some rocks, relax, etc??
- 5:00 PM** Head back to camp & settle in
- 5:30 PM** Dinner prep
- 6:00 PM** Dinner time
- 7:00 PM** Clean up dinner
- 7:30 PM** Watch the sunset from the beach and take some cool sunset photos???
- 8:00 PM** Back at camp
- 8:30 PM** Hot coco and reflect on the day
- 9:00 PM** Get ready for bed
- Brush teeth
 - Wash up
 - Change
- 10:00 PM** Bed time

Day 5 (Last day) - Friday, August 4 - Back to Bike Works From Fay Bainbridge

- 9:00 AM** Wake up
- 9:30 AM** Coffee/Light Breakfast
- 10:00 AM** Break Camp
- 10:30 AM** Load Bikes
- ABC check
- 11:15 AM** Ride to Bainbridge - Seattle Ferry (6.5mi 40min)
- 12:00 PM** Catch the 12:20 PM Ferry
- 12:30 PM** Lunch on Ferry
- 1:15 PM** Arrive in Seattle
- 1:20 PM** Ride to Bike Works (5.6mi 40min)
- 2:20 PM** Arrive at Bike Works
- 2:30 PM** Unload Bikes & Belongings
- 3:00 PM** Water & Restroom
- 3:30 PM** Close out - Congratulate everyone
- Rose, Thorn, Bud
- 4:00 PM** Parents pick up youth

Packing List:

- Two Water Bottles
- Tire Patch Kit
- Multi Bike Tool
- Extra Tire Tube
- ~~Power Banks (Provided by Bike Works)~~
- Bike Lights
- Headlamp
- Triple A Batteries
- Panniers
- 3x shirts
- 3x socks
- 3x Underwear
- Swimming clothes
- Warm light jacket
- Warm Hat
- Sunscreen
- Packable Towel
- Tooth Brush/Tooth Paste
- Sunglasses
- ~~Snacks (Provided by Bike Works)~~
- ~~3x Lunches/2 Dinner (Provided by Bike Works)~~